



Home School Community Liaison:

It has been great to meet some of you over the past five weeks, for those I haven't seen yet I hope to do so over the coming year with events being held in the school and through home visits. If you ever require my support or you want to access information or services please don't hesitate to contact me.

Having chatted to some of you I have organised three upcoming courses. Your attendance on courses will make them worthwhile for all so I would urge you to try sign up. Places will be limited on some courses so it will be first come first served but I will try my best to accommodate as many of you as possible.

- **Basic I.T. Course**

This course will be run in conjunction with the Mountrath library and our schools, it will show you how to access and use **Microsoft word and online sites**. It will run in the library for **5 weeks** from **Thursday the 26th** of October from **11am to 1pm**. There are **8 places** on this course so book in fast to guarantee your place.

- **Boxercise/Zumba/Core:**

Would you like to **get fit** between now and Christmas, we will hold fitness classes in the **boys school** on a **Wednesday** from **10am to 10.45am**. Regina will put you through your paces with a fun and varied routine using a mixture of boxercise, zumba and core exercises. Dates haven't been finalised yet but there are places for **15 people**.

- **Arts and Crafts:**

Would you like to explore your creative side in a fun environment. A tutor will teach you lots of fun ideas for yourself and even get the opportunity to create Christmas decorations to bring home. This course will be held on **Tuesday's** for **5 weeks** and there is enough room to accommodate **15 people** in the **girls school**. In order for this course to run I will need 15 people to sign up before a tutor will commit to a starting date and time but it will be during the school day.

Courses are open to all parents regardless if the course is being held in the boys school, girls school or the library. Please find attached a sign up sheet that can be returned to the school or text me on my number 086 0452437.

I am interested in attending a course:

I.T. course in the library _____

Exercise class in the boys school _____

Arts and crafts in the girls school _____

All of these courses are free of charge to the parents of our schools.

Name: _____

Contact number: _____

A text will be sent to book your place on the course.

Thanks, Gina