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| Tuesday 2nd June | 11-11.20 am | Family Baking Demo with Kater4Kidz | Teachers SNAs & Families |
| | 12.00 pm | Scheduled Tweet - Midday Moment on Twitter | Teachers, SNAs and Parents |
| | 12–12.30 pm | GAA Fun Activity Session | Teachers, SNAs & Families |
| | 7-8 pm | Family Breathing Space with Paula Byrne (Breathing Space Ireland) | Teachers SNAs & Families |
| | 9 pm | Scheduled Podcast – Guided Meditation via Twitter | Teachers, SNAs and Parents |

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| Wednesday 3rd June | 11-11.20 am | Family Baking Demo with Kater4Kidz | Teachers SNAs & Families |
| | 12.00 pm | Scheduled Tweet - Midday Moment on Twitter | Teachers, SNAs and Parents |
| | 9 pm | Scheduled Podcast – Guided Meditation via Twitter | Teachers SNAs & Parents |

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| Thursday 4th June | 11-11.20 am | Family Baking Webinar with Kater4Kidz | Teachers SNAs & Families |
| | 12.00 pm | Scheduled Tweet - Midday Moment on Twitter | Teachers, SNAs & Parents |
| | 9 pm | Scheduled Podcast – Guided Meditation via Twitter | Teachers, SNAs & Parents |

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| Friday 5th June | 12.00 pm | Scheduled Tweet - Midday Moment on Twitter | Teachers, SNAs and Parents |
| | 9 pm | Scheduled Podcast – Guided Meditation via Twitter | Teachers, SNAs and Parents |
| | | START online suicide prevention training programme organised by Josephine Rigney, (Resource officer for Suicide Prevention – Laois/Offaly) Contact Josephine at josephine.rigney@hse.ie for further information | Teachers, SNAs and Parents |